



APEX INITIATIVES LTD

QUALIFICATION SPECIFICATION

PAEDIATRIC FIRST AID

(PFA)

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1.0 Introduction

Apex Initiatives Ltd (APEXi) are a provider of UK Mountaineering, Medical and First-Aid qualifications. This specification provides the key information for users to make an informed decision as to whether the qualification is suitable for their personal and/or business needs and fits the purpose for which they intend to use it.

2.0 Contact Information

For any queries in relation to this course please contact:

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3.0 Document Version

Version	Changes	Date
1.0	First issue.	January 2025

4.0 Qualification Objective

This qualification will develop the learner's knowledge, understanding, and skills to deliver first aid in the Early Years Foundation Stage (EYFS) setting, providing both:

- an appropriate First Aid needs assessment has been undertaken by the employer, and:
- Paediatric First Aid is identified as the required training.

<https://www.gov.uk/government/publications/early-years-foundation-stage-framework--2>

All teaching is in accordance with the current Resuscitation Council (UK) guidelines and other appropriate published guidelines represented by responsible medical opinion.



5.0 Legal Recognition

This qualification meets the legislative requirements for Paediatric First Aid in accordance with the Department of Education Early Years Foundation Stage (EYFS) statutory framework.

<https://www.gov.uk/government/publications/early-years-foundation-stage-framework--2>

To aid selection of an appropriate First Aid provider, The Department for Education recommend use of The Health & Safety Executive (HSE) guidance on selecting a first-aid training provider. The following link supports due diligence when selecting a first aid training provider.

[GEIS3 - Selecting a first aid training provider - A guide for employers](#)

Section 22.0 provides a completed copy of the document, specific to Paediatric First Aid, demonstrating how APEXi are a diligent and responsible provider, meeting these legal requirements.

6.0 Recognition of Prior Learning

There is no recognition of prior learning associated with this qualification.

7.0 Qualification Details

Qualification name:	Paediatric First Aid
Reference number:	AIL-QUAL-FA-005
Delivery:	Face to face only
Assessor: Learner ratio	1:12 (maximum)
Total Qualification Time:	14
Guided learning hours:	12
Prior learning hours:	None
Valid for:	3 years
Assessment:	Observation of practice
Completion time:	Qualification must be completed within 4 weeks.

8.0 Assessment Units

This qualification requires successful completion of the following mandatory units:

1. AIL-UNIT-EPFA Emergency Paediatric First Aid
2. AIL-UNIT-PFAII Paediatric First Aid for Illness and Injury

9.0 Certification

Certificates are produced electronically in accordance with:

<https://www.hse.gov.uk/pubns/qeis3.pdf>



10.0 Entry Requirements

Prior knowledge:	No prior knowledge, skills or qualifications are required.
Minimum age:	Minimum 16 years. Learners aged 14-16 may undertake the qualification but must not be relied upon as sole first aiders.
Physical capability:	Learners must be able to demonstrate first aid procedures during assessment. The Learner must perform these in a simulated realistic work environment for the learner.
Language:	This course will be delivered in English. The learner must have sufficient understanding of the English language to understand the content and undertake the assessments. British Sign Language may be used but it is the sole responsibility of the learner to facilitate this.

11.0 Learner Identification

Prior to release of certificates, all candidates must provide 1 photographic or 2 non-photographic forms of identification that would be accepted by the Disclosure and Barring Service:

<https://www.gov.uk/government/publications/dbs-identity-checking-guidelines/id-checking-guidelines-for-standardenhanced-dbs-check-applications-from-1-july-2021>

12.0 Venue Requirements

The venue must include provision for indoor teaching.

All venues must provide:

- Access to toilets, welfare, and refreshment facilities.
- Suitable seating and writing surfaces.
- Sufficient space for activities.
- Absence of distractions.

Indoor classrooms must be risk assessed prior to delivery and meet the current HSE standards:

<https://www.hse.gov.uk/risk/assets/docs/classroom-checklist.pdf>

13.0 Equipment Requirements

The following must be available at all venues:

- Presentation materials (flipchart, paper, pens, etc.).
- Audio visual aids (projector, laptop, etc.).
- Learning materials (reference books, handouts, etc).

Course specific materials required:



- Child and baby resuscitation manikins (minimum ratio 1:3 Learners).
- AED trainer (minimum ratio 1:3 Learners).
- Choking vest (or similar)
- Disinfectant wipes.
- Face shields.
- First aid kits containing a suitable variety of dressings, bandages, etc.
- Adrenaline autoinjectors/sprays (various current types).

Courses that include catastrophic bleeding:

- Manufactured tourniquet.
- Equipment to apply an improvised tourniquet.
- Replica wound for wound packing.
- Haemostatic dressings (or similar for demonstration purposes, i.e. bandage strips).

14.0 Recommended Resources

Suitable learning resources and reference manuals include:

- Paediatric First Aid Made Easy (Nigel Barracough)
- First Aid Manual (St John Ambulance)
- Resuscitation Council (UK) First Aid Guidelines

15.0 Trainers and Assessors

Trainers and assessors must have occupational knowledge and competence in First Aid, its training and assessment. Acceptable evidence for both trainers and assessors are outlined in:

<https://www.hse.gov.uk/pubns/qeis3.pdf>

All trainer's certifications and/or exemptions are available on request.

16.0 Course Evaluation

All candidates are encouraged to provide online course feedback prior to release of the certificate. All feedback is used to constantly review our courses and delivery.

17.0 Complaints Procedure

All complaints, however received, are processed and addressed in accordance with our Complaints Policy (AIL-POL-016), available on request.

18.0 Internal Quality Assurance

Internal Quality Assurers (IQAs) must meet the trainer/assessor requirements. Additionally, they should also meet the qualifications required for an IQA outlined in:

<https://www.hse.gov.uk/pubns/qeis3.pdf>



and demonstrate current evidence of quality assurance within the industry sector.

All IQA observations are undertaken annually by an external organisation.

19.0 Observation of Practice

Learners are assessed through practical assessments. These will be simulated practice, in accordance with the course learning outcomes.

Language: English

Duration: N/A

Pass Mark: 100%

Grading: Pass/Fail

If a Learner is unsuccessful with an observed practical assessment, they can be awarded a second attempt providing it is within the timescale of the qualification.

If a Learner fails the second attempt, with or without additional training, they will have failed the qualification and will be required to re-sit a full course.

20.0 Results

The candidate will be informed of their result at the end of the course.

21.0 References

This document is written in accordance with the following latest guidance from:

- Department of Education (DE)
- Health and Safety Executive (HSE)
- Resuscitation Council UK (RCUK)



22.0 HSE First Aid Training Organisation Evaluation

Table 1 Checklist for evaluating the competence of first-aid training organisations

CHECK	YES	NO	NOTES
Trainers/assessors			
Do the trainers/assessors have a current PAEDIATRIC FIRST AID certificate or qualify for an exemption?	✓		<u>Section 15.</u>
Do the trainers/assessors have an appropriate training/ assessing qualification?	✓		<u>Section 15.</u>
Quality assurance			
Is there a documented quality assurance plan designating an individual to take responsibility for quality assurance, including assessment of the performance of trainers/ assessors at least annually?	✓		<u>Section 18.</u>
Does the designated person have a current PAEDIATRIC FIRST AID certificate or qualify for an exemption?	✓		<u>Section 18.</u>
Does the designated person have an assessing/verifying qualification?	✓		<u>Section 18.</u>
Is there a documented course evaluation procedure?	✓		<u>Section 16.</u>
Is there a documented complaints procedure?	✓		<u>Section 17.</u>
Teaching currently accepted first-aid practice			
Is PAEDIATRIC FIRST AID / EMERGENCY FIRST AID taught in accordance with current guidelines on paediatric basic life support published by the Resuscitation Council (UK), and for other aspects of first aid, in accordance with current guidelines published by the Voluntary Aid	✓		<u>Section 4.</u>



Societies or other published guidelines that are supported by a responsible body of medical opinion?			
Training syllabus			
Does the course content adequately meet the needs of your workplace as indicated by your first aid needs assessment?	✓		<u>Section 4.</u>
For PAEDIATRIC FIRST AID , does the syllabus include the topics listed in <u>Annex A</u> in the Early Years Foundation Stage statutory framework and does the course include at least 12 training and assessment contact hours, over two days?	✓		<u>Section 7.</u> <u>Section 23.</u>
For EMERGENCY PAEDIATRIC FIRST AID , does the syllabus include the topics listed in <u>Annex A</u> in the Early Years Foundation Stage statutory framework and does the course last at least six training and assessment contact hours, over one day?	N/A	N/A	<u>Not applicable</u>
Certificates			
Do the certificates issued to students assessed as competent contain the name of the training organisation, the title of the qualification (e.g. FAW or EFAW), reference to the Health and Safety (First Aid) Regulations 1981, the date of issue and confirmation the certificate is valid for three years? (If training is neither FAW nor EFAW the certificate should also list the learning outcomes of the syllabus on which candidates have been assessed.)	✓		<u>Section 9.</u>



23.0 Assessment Unit 1

LEARNING OUTCOMES		
Unit:	Emergency Paediatric First Aid	
Reference:	AIL-UNIT-EPFA	
Guided Learning Hours	6 hours	
Unit Summary: The learner will develop the knowledge, understanding and skills to effectively manage first aid emergencies in a baby/child.		
Learning outcome <i>In the context of paediatric first aid, the learner will:</i>	Objective <i>In the context of paediatric first aid, the learner can:</i>	Evidence
0. Understand the course requirements.	0.1 Register attendance and meet Instructor/Learners. 0.2 Understand the course health and safety requirements. 0.3 Understand the course timings. 0.4 Understand the use of mobile phones and electronic devices. 0.5 Understand the course specifics. 0.6 Understand the assessment process.	Not Required
1. Understand the roles and responsibilities of a first aider.	1.1 Identify the role and responsibilities of a first aider. 1.2 Identify how to minimise the risk of infection to self and others. 1.3 Identify the need to establish consent. 1.4 Identify first aid equipment that should be available and its safe use. 1.5 Complete an accident report form.	Observation of Practice
2. Be able to manage an incident.	2.1 Conduct a scene survey. 2.2 Conduct a baby/child primary survey. 2.3 Summon appropriate help when necessary. 2.4 Demonstrate how to monitor a baby/child until help arrives and handover to emergency services.	Observation of Practice
3. Be able to provide first aid to a baby/child who is unresponsive and breathing normally.	3.1 Identify when to place a baby/child in the safe airway position. 3.2 Demonstrate how to place a baby/child in the safe airway position. 3.3 Demonstrate continual monitoring of airway and breathing for a baby/child in the safe airway position.	Observation of Practice



	3.4 Identify how to administer first aid to a baby/child who is having a seizure.	
4. Be able to provide first aid to a baby/child who is unresponsive and not breathing normally.	<p>4.1 Demonstrate when to commence Cardiopulmonary Resuscitation (CPR) and apply an Automated External Defibrillator (AED).</p> <p>4.2 Demonstrate CPR and safe defibrillation on a baby/child.</p> <p>4.3 Identify modifications to CPR and Defibrillation in:</p> <ul style="list-style-type: none"> • Baby. • Child. • Adult. 	Observation of Practice
5. Be able to provide first aid to a baby/child who is choking.	<p>5.1 Identify when a baby/child is choking.</p> <p>5.2 Demonstrate how to administer first aid to a baby/child who is choking.</p>	Observation of Practice
6. Be able to provide first aid to a baby/child with external bleeding	<p>6.1 Identify whether an external bleed is life threatening (catastrophic).</p> <p>6.2 Demonstrate control of external bleeding using:</p> <ul style="list-style-type: none"> • Direct pressure. • Dressings. • Tourniquets. 	Observation of Practice
7. Be able to provide first aid to a baby/child who is in shock.	<p>7.1 Identify when a baby/child is shocked.</p> <p>7.2 Demonstrate how to provide first aid to a baby/child in shock.</p>	Observation of Practice
8. Be able to provide first aid to a baby/child with a minor injury.	<p>6.1 Demonstrate how to administer first aid to a baby/child with a minor injury:</p> <ul style="list-style-type: none"> • Small cuts and grazes. • Bites and stings. • Bruises. • Small splinters. • Nosebleeds. • Minor burns and scalds. • Eye injuries. • Foreign bodies in eyes, ears, and nose. 	Observation of Practice



24.0 Assessment Unit 2

LEARNING OUTCOMES		
Unit:	Paediatric First Aid for Illness & Injury	
Reference:	AIL-UNIT-PFAII	
Guided Learning Hours	6 hours	
Unit Summary:	The learner will develop the knowledge, understanding and skills to effectively manage paediatric illness and injury in the first aid setting.	
Learning outcome <i>In the context of paediatric first aid, the learner will:</i>	Objective <i>In the context of paediatric first aid, the learner can:</i>	Evidence
0. Understand the course requirements.	0.1 Register attendance and meet Instructor/Learners. 0.2 Understand the course health and safety requirements. 0.3 Understand the course timings. 0.4 Understand the use of mobile phones and electronic devices. 0.5 Understand the course specifics. 0.6 Understand the assessment process.	Not Required
1. Be able to conduct a secondary survey.	1.1 Identify the information required when gathering a baby/child history. 1.2 Demonstrate a secondary survey on a baby/child.	Observation of Practice
2. Be able to provide first aid to a baby/child with a suspected major illness.	2.1 Identify the signs and symptoms displayed by a baby/child with a suspected major illness, including: <ul style="list-style-type: none"> • Anaphylaxis / Allergic reaction • Asthma • Diabetic emergencies • Seizures • Febrile convulsions • Sepsis / Meningitis 2.2 Demonstrate how to administer first aid to a baby/child with a suspected major illness, including: <ul style="list-style-type: none"> • Anaphylaxis / Allergic reaction • Asthma • Diabetic emergencies • Seizures • Febrile convulsions • Sepsis / Meningitis 	Observation of Practice

<p>3. Be able to provide first aid to a baby/child with burns and scalds.</p>	<p>3.1 Identify how to recognise the severity of burns and scalds.</p> <p>3.2 Demonstrate how to administer first aid to a baby/child with burns and scalds, according to cause.</p> <p>3.3 Demonstrate how to administer first aid to a baby/child who has had an electric shock.</p>	<p>Observation of Practice</p>
<p>4. Be able to provide first aid to a baby/child exposed to poisons/chemicals</p>	<p>4.1 Identify routes of exposure to a poison/chemical and obtain information i.e. COSHH.</p> <p>4.2 Identify ways of gathering information regarding the poison/chemical.</p> <p>4.3 Demonstrate how to administer first aid to a baby/child exposed to poisons/chemicals.</p>	<p>Observation of Practice</p>
<p>5. Be able to provide first aid to a baby/child who is experiencing the effects of extreme heat/cold.</p>	<p>5.1 Identify the signs and symptoms of a baby/child who is experiencing the effects of extreme heat/cold.</p> <p>5.2 Demonstrate how to administer first aid to a baby/child who is experiencing the effects of extreme heat/cold.</p>	<p>Observation of Practice</p>
<p>6. Be able to provide first aid to a baby/child with a suspected major / musculoskeletal injury.</p>	<p>6.1 Identify the signs and symptoms of a suspected major / musculoskeletal injury to:</p> <ul style="list-style-type: none"> • Head • Spine • Chest • Abdomen • Pelvis • Legs /Arms <p>6.2 Demonstrate how to administer first aid to a baby/child with a suspected major / musculoskeletal injury to:</p> <ul style="list-style-type: none"> • Head • Spine • Chest • Abdomen • Pelvis • Legs /Arms 	<p>Observation of Practice</p>